Big Sky High Schools Football Safety Procedures

**Missions:**

The sport of football has inherent risks associated with the game. The coaching staff will take every precaution to help limit these risks.

Objectives:

1. To prevent serious injury to any BIG SKY HIGH football player or opponent, and to create a **SAFE** **ENVIROMENT.**
2. To document the procedures used at BIG SKY HIGH to achieve objective #1.
3. To teach, demonstrate, and emphasize the proper techniques that should be used in blocking, tackling, and carrying the football.
4. To teach the National Federation Football rules in general, and specifically concerning:

\*Piling on

\*Spearing and goring

\*Butt blocking

\*Face tackling

\*Chop clocking

\*Blocking below the waist

\*Using the head as a battering ram

\*Improper behavior and attitude

\***KEEPING THE HEAD OUT OF FOOTBALL**

5.) To emphasize the danger of dropping the head in blocking, tackling, carrying the ball, and in contact of any form.

6.) To insure that all players are properly fitted in protective equipment